



Foothills Wanderers Orienteering Club (FWOC) 2021 Annual Report

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2021 Year-in-Review

The Covid-19 pandemic continued to pose significant challenges throughout the 2021 year due to the need to modify most of our programs and events. Despite the reduced revenues and reduced opportunities for orienteering and training, those who were able to participate in FWOC and SOGO events and training were highly appreciative of the efforts of the Club to continue to serve our mission:

“FWOC creates experiences for everyone to explore their passion for nature, physical activity, and mental challenge. FWOC builds confident, resilient people through recreational and competitive orienteering events, coaching, training, and social opportunities in a fun, respectful, safe and environmentally friendly manner.”

Some of the Biggest Challenges in 2021:

- Covid-19 Pandemic:
 - Reduced membership numbers
 - Limited in-person socializing for meetings and orienteering events
 - Harder to get permits; more paperwork and health precautions needed
- Highly reliant on a few key people (SOGO employees & FWOC volunteers)
- Providing intensive documentation of accounting and operations for a regular AGLC Casino funding audit

Some of the Biggest Successes in 2021:

- 24 Wednesday Night Events + 13 Winter TNT events!
- Increased MapRun6 GPS tracking at events
- Rumsey & Sandy McNabb Forest Events
- October Club Championships (Sprint, Middle, Long)
- Try-It programs (thanks Bogi and AOA)
- SOGO Spring, Fall, @School programs & events
- Continued employment of key SOGO staff
- Navigation, Coaches, and Officials Training
- New and updated maps!
- 25 different event organizers including 6 new course planners!
- Many new faces!

Financially, FWOC ended the 2021 year with a profit of \$53,141 compared to a loss of \$21,738 in the previous year. Much of the previous year's loss can be attributed to decreased revenues from the cancellation of the events and SOGO programs for spring 2020 due to the pandemic. However, with emergency funding grants from the government and the lifting of some restrictions in the spring of 2021, we were able to resume some youth programming, which was fully subscribed.

As the Covid-19 situation seems likely to improve in 2022, I am cautiously optimistic the Club will be able to return to regular events and programs and continue to move towards our vision for Foothills Orienteering *"to create a community where everyone is engaged with nature, confident, and physically active through the Sport of Orienteering."* We are really looking forward to once again connecting with our orienteering friends and newcomers and further strengthening the sense of community with a return to more face-to-face events.

Thank you to all the volunteers, coaches, organizers, and participants in our FWOC, SOGO, AOA, and Orienteering Canada communities that helped make 2021 another successful year for Foothills Orienteering despite all the challenges. I am looking forward to working with you to create another fulfilling year.

Tim McLaren

President

Executive Members, Committees, & Staff

2021 FWOC Board of Directors

President	Tim McLaren	VP Junior Development	Charlotte MacNaughton
Treasurer	Marion Owen	VP Mapping	Don Bayly
Secretary	Lourdes Gutierrez-Kellam	VP Technology	Vital Mialeshka
VP Events / Technical	Marsha Fehr	Member-at-Large (Bookkeeper)	Jean MacNaughton

2021 SOGO Adventure Running Youth Programs Key Staff Positions

SOGO Program Coordinator	Lenora Carbonetto
SOGO@School Head Coach	Calli O'Brien
SOGO Level 1 & 2 Head Coach	Marcus Mueller
SOGO Level 3 Planner & Coach	Damian Konotopetz
SOGO Squirts Head Coach	Braxton Smith
SOGO Access Head Coach	Bridie Pryce
SOGO Cochrane Head Coach	Shelley Brolsma
SOGO Squirts Program Coordinator	Chandra Kuran

2021 SOGO Adventure Running Youth Programs Key Volunteer Positions

SOGO Level 3 Coaches	Clarence Kort, Gabrielle Savard
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2021 Committees

Note: per the Club Bylaws, the Club President is an *ex officio* member of each committee. Please reach out to the Committee Chair if you are able to serve on any committee.

Adult Training (est. 2015)		
Develop and review adult training programs for newcomers and veterans, based on the LTAD guidelines. Track participants to determine success of introductory programs in attracting newcomers.		
Marsha Fehr (Chair)	Finley Brandreth	Teresa Winn

Communications & Promotions (est. 2016)	
Coordinate the promotion of, and increase participation in, the sport of orienteering in Calgary, particularly through participation in FWOC programs and events. Communicate internally with club members and externally to the general public, including via social media.	
Marsha Fehr (Chair)	Jean MacNaughton

Events (est. 2017)	
Plan and maintain an annual calendar of orienteering events. Coordinate with other committees and clubs to create a combined annual calendar of events, avoiding conflicts as much as possible.	
Marsha Fehr (chair)	Teresa Winn

Finance (standing)		
Create and maintain financial policies by which the spending of FWOC money is governed.		
Marion Owen (chair)	Jean MacNaughton	Christin Lundgren

Junior Development (est. 2014)			
Create learning opportunities for youth in all aspects of orienteering. Guide the development and implementation of the Junior Training Program.			
Charlotte MacNaughton (Chair)	Karin Gerritsen Eduard Spelier	Jean MacNaughton	David Roberts

Mapping (est. 2012)

Maintain, update, revise and otherwise manage existing maps. Plan future mapping projects. Support mapping training within the club.

Don Bayly (Chair)

Teresa Winn

Marsha Fehr

Clarence Kort

Michael Svoboda

Participation and Competitive Development (est. 2012)

Review applications for event and competition support and recommend allocation of funds.

Jane Rowlands (Chair)

Robin McLeod

Membership

Membership prices decreased from the previous year, but the number of members increased as the evolving pandemic allowed more events to be held.

- Prices decreased:
 - Adults (18+): \$10 + fees (in 2022 increases to \$15 including fees)
 - Youth (5-17): \$10 + fees (in 2022 decreases to \$10 including fees)
 - Child (0-5): free with adult
- Number of Members increased:
 - Adults: 164 (vs. 109 in 2020)
 - Youth/SOGO: 705 (vs 312 in 2020)
 - Total: 869 (vs 421 in 2020)

Volunteers

FWOC runs on **volunteer** power. **Thank you** to all our members who stepped up to keep FWOC running in 2021 by:

- planning courses,
- organizing events,
- keeping the books in sound financial shape,
- coaching: adults & juniors,
- keeping the "house" in order,
- managing site set-up & take-down,
- putting out or picking up controls,
- mapping,
- mentoring new CPs,
- keeping the membership informed,
- helping with on-site administration,

- applying for grants, and
- maintaining junior programs and events



We can't thank our volunteers enough! Thank you to Adam, Amr, Andrew, Bogi, Carmie, Charlotte, Christin, Cindy, Clarence, Darryl, David C, Dawn, Don B, Ewan, Gabrielle, Geoff, Jane, Janet, Jason, Jean, Jen, Jim, Karen M, Karin G, Kitty, Kurt, Kylie, Lourdes, Lucas, Marion, Marsha, Mike N, Nicki, Philippa, Robin, Robyn, Teresa, Tim, and Vital! Apologies to anyone whose efforts were not recognised.

Promotions & Communications

Committee Report

Enhanced communication in the club through

- Monthly newsletters
- Facebook posts
- Promoted the sport of orienteering in Calgary and area through Try It events



Events Committee Report

- 13 TNT sessions over two TNT event series (Jan – March; Nov - Dec)
- 24 Wednesday Night Events with a combination of in-person and run-on-your-own-time (MapRun6) opportunities (with 114 members purchasing a season pass)
- 2 Try-It events organized by AOA in combination with Wednesday events
- 2021 FWOC Club Championships – three events (Middle, Sprint & Long) in the first week of October
- 2 Forest B Meets: Rumsey in April and Sandy McNabb in August
- SOGO programs & Spook-O
- 25 different people organized an FWOC event in 2021, including 6 new course planners!

Event Type	Organizers & Controllers
TNTs	Marion, Gabrielle, Clarence, Karen, Lourdes, Tim, Jean, Andrew, Nicki, Adam, Geoff, Teresa, Marsha
Wednesdays	Andrew, Lourdes, Marion, Teresa, David C, Jean, Marsha, Tim, Vital, Don B, Jim, Ewan, Nicki, Robyn, Kylie, Cindy, Clarence, Gabrielle, Kitty, Bogi

Forest B Meet	Karen, Marion, Teresa, Marsha
Club Champs	Marion, Marsha, Jane

Adult Training Committee Report

- Nav 101 ran two groups of nine participants each with coaches Kitty and Marsha and sub coach Marion
- 1 Forest Training event at Connop Creek (June): morning session for forest newcomers (19 registrants; Nicki and Marsha coached with Teresa and Marsha course planning) and afternoon session for veterans (15 registrants; Kitty was the organizer)



Junior Development Committee Report

In 2021, SOGO Adventure Running had sessions in both the Spring and Fall. In the spring, COVID requirements meant that the program was suspended for 3 weeks in the Spring.

We did not run a summer camp in 2021 because of uncertainty regarding COVID.

SOGO@School was also suspended for most of the spring of 2021, although there were a few bookings. There were also a number of SOGO@School bookings in the Fall of 2021. Due to COVID, the schedule was changing frequently as guidelines and school plans changed.

SOGO@School partnered with the City of Calgary to deliver orienteering programming in NE Calgary parks over several days.

SOGO organized a small number of Try-It events (branded as SOGO Adventures), yet not as many as non-COVID years because of gathering size restrictions.

We held a Spook-O in October of 2021 with close to 250 registrants. A big thanks to all the volunteers who go above and beyond to make this particular event spooky and fun.

We hired a new SOGO@School Program Coordinator in the Spring of 2021. Calli joins SOGO with a long coaching and sport management history. Lenora Carbonetta, who had been with SOGO for 7 years left in 2021 to pursue post secondary education. We are extremely grateful for Lenora's contribution to SOGO over the years and pleased that she is still willing and able to help us out when needed. Calli assisted with the program coordinator tasks in the fall in addition to her SOGO@School duties.

We did not do any extra promotion regarding SOGO in 2021 because of uncertainty around COVID. Our registration numbers were down slightly because we have to create smaller groups to meet provincial group size guidelines. Fortunately, our return rate from previous SOGO families was high and word of mouth from those families also brought new participants to SOGO.

Mapping Committee Report

OCAD was the original dedicated purpose orienteering mapping software. FWOC purchased two licenses and kept them up to date to Version 10. One copy is on the computer that the club uses for map printing. The other was on a Sony Vaio tablet computer that has since been retired. After Versions 11 and 12, OCAD changed to a subscription model. The subscription cost and the need to coordinate different users now make OCAD less attractive compared to the alternatives.

Around 2015 a group of orienteers developed the freeware program Open Orienteering Mapper. It has all the essential functions and there are versions for Windows, Macintosh and Android. It can open and save OCAD files in addition to its own .omap format. I suggest that any club member interested in making maps to IOF standards should try Open Orienteering Mapper.

You can learn about mapping by downloading the Open Orienteering Mapper program, trying it out and reading the documentation. Mapping clinic notes are posted on the FWOC and AOA websites. Questions Email mapping@orienteeringcalgary.ca

Recently another tool appeared for making simplified maps, called OpenOrienteeringMap. It takes data from OpenStreetMap and formats it in a pseudo-orienteering colour scheme. This is a great way to quickly create a Street-O map for training events.

Standard orienteering maps made or revised by volunteers in 2021:

- Teresa W. - Nose Hill Brisebois, Confederation Park, Manmeet Singh Bhullar Park, Strathcona Park, Baker Park/Bowness Park, Pearce Estate, Bowmont Park, Votier's Flats
- Don B. - Nose Hill North, Shannon Terrace, Pinecliff Park, U of C, North Haven, Capri Avenue
- Marion O. - North Haven
- Tim M. - Nose Hill Central, Currie/Rutland Park
- Michael S. - Nose Hill Central

Simplified maps produced with OpenOrienteeringMap in 2021:

- Nicki R. - Signal Hill, Springbank Hill
- Teresa W. - Tuscany
- Tim M. - CFB Currie
- Geoff M. - New Brighton

- Adam S. - Upper Mount Royal
- Calli B. - Acadia
- Liz D. And Lena C. - Renfrew

Finance Committee Report

The FWOC Profit and Loss and Balance Sheet statements for the year ending December 31 are attached to this report. The fiscal year was moved in 2020 to December 31, so the 2020 statements are for the 14 month period Nov 1, 2019 to Dec 31 2020. Covid-19 has been a big disrupter both in the programs and financially.

Revenues (especially SOGO) were still reduced due to Covid-19 but partially offset with government support programs and expense reductions. The club benefitted from CEWS (\$21, 641), and CEBA (\$60,000). \$40,000 of the CEBA loan must be repaid by the end of 2023 and the rest is a grant.

We are planning on hosting the WCOCs, originally scheduled for July 2020, this July 2022, so that will add to both revenue and expenses for 2022.

The FWOC Auditors (Club Members Clarence Kort and David Roberts) did not have any reservations or recommendations for the financial statements.

Prior Years Net Income and Retained Earnings:

	2016	2017	2018	2019	2020 (14mo)	2021
Revenue	\$149,186	\$219,330	\$251,702	\$205,443	\$103,058	\$169,053
Expenses	\$145,931	\$247,026	\$229,972	\$185,312	\$124,796	\$115,912
Net income	\$3,254	(-\$27,696)	\$21,730	\$20,131	(-\$21,738)	\$53,141
Total Equity	\$141,850	\$114,154	\$135,885	\$156,017	\$134,278	\$187,420