

# 08 April 27 O-CUP Ranking Points – Morningside

#	Name	Category	Region	Pro Status (E/A)	Course	Elapsed Time in H:MM:SS	Time Per Km in Mins (TPK)	Relative O Speed Factor (ROSF)	Adjusted TPK (ATPK)	Ranking Points (RPs)
1	Greg Yarkie	M60	N	X	L	01:19:32	13.04	0.65	8.47	100
2	Jane Rowlands	F50	S	X	S	01:18:39	15.13	0.57	8.62	98
3	Christin Lundgren	F55	S	X	S	01:34:32	18.18	0.50	9.09	93
4	Geraint Edmunds	M60	N	X	L	01:25:20	13.99	0.65	9.09	93
5	Adrian Zissos	M50	S	X	L	01:15:24	12.36	0.75	9.27	91
6	Don Scott	M80	N	X	S	02:51:16	32.94	0.30	9.88	86
7	Bill Jarvis	M45	S	X	L	01:16:57	12.61	0.80	10.09	84
8	Jonathan Winn	M40	S	X	L	01:12:55	11.95	0.85	10.16	83
9	Einar Viddal	M65	N	X	L	01:54:00	18.69	0.56	10.47	81
10	Teresa Winn	F35	S	X	S	01:24:07	16.18	0.66	10.68	79
11	Sarah Brandreth	F21	S	X	L	01:36:32	15.83	0.69	10.92	78
12	Don Bayly	M50	S	X	L	01:31:11	14.95	0.75	11.21	76
13	Kim Kasperski	F50	N	X	S	01:43:28	19.90	0.57	11.34	75
14	Marion Owen	F50	S	X	S	01:45:42	20.33	0.57	11.59	73
15	Angela Pearson	F50	N	X	S	01:46:48	20.54	0.57	11.71	72
16	Gary Eggen	M45	N	X	L	01:31:51	15.06	0.80	12.05	70
17	Jeremy Welbourne	M21	N	X	L	01:29:16	14.63	0.89	13.02	65
18	JP Buysschaert	M35	S	X	S	01:19:14	15.24	0.87	13.26	64
19	Sean Rickard	M40	N	X	L	01:35:59	15.73	0.85	13.37	63
20	Mary-Lou Hogg	F50	N	X	S	02:15:40	26.09	0.57	14.87	57
21	Andrée Powers	F45	S	X	L	02:32:18	24.97	0.61	15.23	56
22	Chris Sigvaldason	M35	N	X	L	01:51:41	18.31	0.87	15.93	53
23	Pat Kelly	M21	N	A	L	01:52:52	18.50	0.89	16.47	51
24	Don Merriam	M50	S	X	L	02:29:19	24.48	0.75	18.36	46
25	Garry Atchison	M60	N	X	S	02:42:49	31.31	0.65	20.35	42
26	Barb Johnston	F35	N	X	S	02:56:21	33.91	0.66	22.38	38

## Course Lengths:

S	5.20 Km	M16-; M45+; F18-, F35+
L	6.10 Km	M17-M49; F19-F34

## Legend:

	Min ATPK	RP Equiv
<b>Top 3 Mean</b>	8.73	97
Gold - within 125% of the Mean ATPK of the Top 3 Racers	10.91	78
Silver - between 150% and 125% of the Mean ATPK of the Top 3 Racers	13.09	65
Bronze - between 200% and 150% of the Mean ATPK of the Top 3 Racers	17.46	49

Key Event Organizers: Don Riddle, Beth Cornish