

**Dear Parents and Guardians,**

Thank you for your registration in **Outdoor Adventure Cochrane**. We look forward to our upcoming journey together! We are so excited about the opportunity to connect and play with your kids in nature. We hope to share our passion for sport and physical literacy while having fun and developing confidence in your child's agility, coordination, and navigation skills.

**First session:**

**Upon arrival participants** will be assigned a leader based on age groups and will stay with their assigned leader and group throughout the session as they travel through 3 different activity and learning stations each week. Our first session is Wednesday, September 17, from 6:00-7:00pm. We will be meeting at Cochrane Ranche Park. (Please look for us in the parking lot off highway 1A where the summer Farmers Market is hosted. Here is the address: [663 Bow Valley Trail, Cochrane, AB T4C 1E2](https://www.google.com/maps/place/663+Bow+Valley+Trail,+Cochrane,+AB+T4C+1E2) (parking lot off 1A across from Alliance Church).

We will have a table set up where parents or caregivers are expected to check in and sign the participants upon arrival. Parents are encouraged to assist and participate to learn and play alongside their children but attendance is not mandatory. Please sign up to volunteer one session.

**What to bring?**

- Water bottle – labelled with name
- Seasonal appropriate outdoor footwear with good tread
- A base layer (pants, long sleeve or t-shirt) that can get muddy! Not time for your Sunday best
- Weather dependent accessories such as hat or mitts. Pack or wear – splash pants and a waterproof or water-resistant jacket in case of wet conditions.

We look forward to meeting you on Wednesday!

Sincerely,

Bogi and Lauren